

ANNUAL REPORT 2021

OUR VISION

A community where all people enjoy quality of life and are healthy, well, and active.

OUR MISSION

Working together to strengthen collaboration and partnerships we will drive real improvements in health and wellbeing outcomes that are meaningful in our community.

OUR ROLE

- Continue to build a robust and current evidence base.
- Act independently to broker opportunities and build active relationships that advance our priorities.
- Support our partners and active relationships to build their capacity to act to achieve our priorities.
- Measure and celebrate our success, and continuously improve our practice to achieve our priorities.

OUR PRIORITY AREAS FOR JULY 2021 – MARCH 2022 ARE:

- Priority 1: Prevention of chronic disease - healthy eating and active living
- Priority 2: Prevention of family violence - healthy relationships
- Priority 3: Systems integration – addressing social determinants of health for wellbeing outcomes
- Priority 4: Effective and sustainable partnerships



CHPCP TEAM (Left to Right)

Chris Thorne – Aboriginal Community Support Worker (until 30 June 2021)

Dianna Piazza – Interim Executive Officer (from 1 July 2021 to Current); Previously the Executive Administration and Services Support Consultant (until 30 June 2021)

Catherine Fuller – Project Coordinator: Dry Conditions Resilience (until 30 June 2021)

Kirsty Barnes – Program Coordinator: Access and Integration, Prevention and Early Intervention (Current)

Phillip Littler – Acting Executive Officer (until 30 June 2021)

CHPCP PARTNERS

Alpine Health
Alpine Shire Council
Anglicare Victoria
Benalla Health
Benalla Rural City Council
Cooinda
Gateway Health
GoTAFE
Mansfield District Hospital
Mansfield Shire Council
Mind Australia
Northeast Health Wangaratta
North East Support and Action for Youth Inc. (NESAY)
Rural City of Wangaratta
The Centre for Continuing Education
Women's Health Goulburn North East
Upper Murray Regional Neighbourhood House Network

● Chair's Report

Despite the continuing uncertainty the PCP has faced over the past few of years and the ongoing lockdown and restrictions due to COVID-19, the Central Hume PCP team have remained committed to their work.

I would like to offer our thanks to Heather Betts, who served as Chair of the Central Hume PCP Executive Community until her resignation from Benalla Health in September 2021.

Achievements for the Central Hume PCP during 2021 include:

- Implementing and managing the EOI Grant process to distribute uncommitted funds to partners for projects
- Supporting local councils in developing their Municipal Health and Wellbeing Plans by providing data profiles and infographics
- Collaborating with Upper Murray Neighbourhood House Network to finalise the Aboriginal and Torres Strait Islander Cultural Checklist
- Prevention Working Group completing annual reporting requirements and developing a document highlighting the past 4 years of work
- Continuing to support the Mansfield community to implement the RESPOND project, and preparing for the rollout of the project in Step 2 communities Alpine, Benalla and Wangaratta in 2022
- Connecting the Age-Friendly Northeast Victoria Project Coordinator with each of the four Health & Wellbeing Partnerships
- In partnership with Upper Hume PCP, supporting the delivery of the RMIT Integrating Health and Planning course in Wangaratta
- Playing a vital role in partnership with the advisory group for the Building Ovens Murray Agricultural Sector Resilience (BOMAR) initiative
- Developing and beginning implementation of July 2021 – March 2022 Transitional Operations Plan.

The Executive Committee would like to thank its 17-member organisations and the 26 organisations that contribute to the Health and Wellbeing Partnerships in each of the four local government areas of Alpine, Benalla, Mansfield and Wangaratta. We thank these organisations and their staff for continuing to help us advocate for the Primary Care Partnership platform and to raise awareness of the Central Hume PCP.

The vital work of the Central Hume PCP enables organisations to work in partnerships, network and collaborate which reduces the impact of potential duplication in services.

Melanie Green
Acting Chair, Central Hume PCP

● Executive Officer's Report

The 2021 year saw many staff and program changes in the Central Hume Primary Care Partnership, as well as the development of a new PCP Transition Operations Plan for July 2021 – March 2022.

The Acting Executive Officer Phillip Littler provided great assistance for the 2020/2021 period, before I was appointed as Interim Executive Officer in July 2021.

In October this year, the Department of Health announced that the Primary Care Partnership Program will be decommissioned, with staffing, funding and high-value functions to be transitioned to Local Public Health Units from April 1st 2022. Central Hume PCP have been assisting VicPCP and the Department of Health with the transition process, and we will continue to communicate with our partners to address any concerns raised around the uncertainty as we move towards the new model in 2022.

Finally, my gratitude and appreciation to Kirsty Barnes, CHPCP Program Coordinator: Access & Integration for her never ending support and assistance to myself and the partners through this time of change.

Dianna Piazza
Interim Executive Officer, Central Hume PCP



● Highlights from the year

Health and Wellbeing Partnerships

In 2021, the four Health and Wellbeing Partnerships (Alpine, Benalla, Mansfield and Wangaratta) played key roles in the development of Municipal Public Health and Wellbeing Plans.

CHPCP created data profiles for each of the Local Government Areas in the catchment, highlighting strengths and challenges relating to health status, health behaviours and chronic disease. These data profiles were used by councils in the development of their 2021-2025 Municipal Public Health & Wellbeing Plans.

RESPOND

The Mansfield RESPOND team continued to implement community-led actions aiming to improve childhood health and wellbeing. This included the Mansfield Fresh Food Drive, Mansfield Resilience Project, Active Footpaths project, and their Soup for Schools program. The team also launched their website: <https://www.mansfieldrespond.org.au/>

Planning is underway to begin systems training and Group Model Building (GMB) sessions with Step 2 communities (Alpine, Benalla and Wangaratta) in 2022. The next set of child health behaviour monitoring data collection is also due to commence in early 2022.



Prevention

CHPCP contracted Lucy Marks for a 3-month period to assist in the evaluation of prevention work in the period 2017-2021. In addition to the usual reporting documents, Lucy developed a 4-page summary highlighting key achievements across the catchment over the past four years.

Using the Victorian Healthy Food Basket Survey (VHFBS) developed by Monash University, data was collected from 13 supermarkets across the Central Hume catchment in 2021. This data was collated into a report summarising the findings and comparing the cost of a healthy basket of food across supermarkets in the region. The VHFBS was previously conducted by CHPCP in 2012 and 2017, allowing us to compare changes in data over time.

ACTIVE LIVING

ALPINE LGA

Active Alpine Group Support for Community Outdoor Fitness Equipment

Alpine Active Alpine Group (AAG) aims to increase and promote opportunities to be active in the Alpine. This is done through health and wellbeing, social connections and a healthy, thriving community. The AAG with representation from Alpine Health, Gateway Health, Alpine State Centre and Sport North Lead have a number of initiatives to support the community to be active.

Key Outcomes:
 The need for Outdoor Fitness Equipment was identified from Alpine Active Living Mapping Project 2020. Following the AAG was formed. Additionally, the Occupied and Coasting Outdoor Fitness equipment for the Alpine State Centre (OSCC) was conducted as a result of this community need.
 A representative of Greater Alpine Outdoor Fitness Equipment (GAFE) was identified as a Facebook post in December 2018. Several Mt Beauty and District community members contacted AAG to enquire about the need for outdoor fitness equipment after the growing months of COVID-19. The AAG of the Alpine community AAG in October 2020. This was very much supported by the AAG.
 A meeting was held where a survey was conducted with representation from 7 Alpine District Community Associations and a grant application for funding was sought. The grant was successful in raising \$106,000 from two separate funding sources for GAFE Mt Beauty and District.
 The funding agreement (GAFE) is supporting the community deliver the outdoor fitness equipment and reflects what happens when community groups come together and work in partnership.

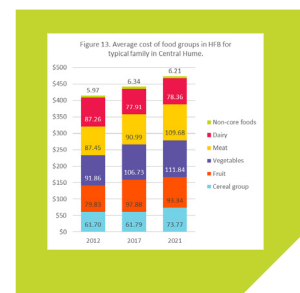
HEALTHY EATING

MANSFIELD LGA

Mansfield Fresh Food Drive (MFFD)

MFFD is a community initiative that has resulted from the Mansfield Resilience Project. The aim of the initiative is to promote an increase in consumption of vegetables among primary school aged children. For a simple overview of the MFFD, see flyer (right).

Key Outcomes:
 A pilot service was undertaken for the first six months (Oct 2020 - April 2021) of the project where produce was offered to families enrolled in Mansfield State School's Supported Playgroup services.
 Baseline and process data was collected from the 11 families, who had a collection of 89 children. Key findings are listed below:
 • 100% of the children per day provided a serving of 40g of fresh produce items were provided to the families, with quantities received from six different community members.
 • Parents reported that their children were enjoying consuming vegetables items that they never had before.
 • Parents had plans for the initiation of starting people on their own gardens after being inspired by the MFFD.
 • Child growers who were taking the produce requested a range of improved social connections within the community during a particularly isolating time during COVID-19 restrictions.



●● Financial Report

Balance brought forward from previous
Financial Year \$ 808,173.78

INCOME			
DHHS PCP Funding	\$505,169.34	Salaries and Wages Incl. on costs recruitment	\$379,664.98
Other DHHS Grants	-	Conference, Staff Training	\$17,960.91
Interest	\$1,148.93	Management Charges by host agencies	\$24,434.97
Other Revenue	\$33,767.73	Motor vehicle and travel	\$9,132.86
(Proceeds on disposal of assets)		Administration (general)	\$181,329.79
		Asset Purchases	\$32,290.30
		Repairs and maintenance	\$2,820.89
		Rent	\$15,679.56
		Computer Software	\$187.62
		Project Expenses	\$13,092.50
Total Income	\$540,086.00	Total Expenses	\$676,594.38
Net Surplus/(Deficit)		- \$136,508.38	

BALANCE SHEET

CURRENT ASSETS		CURRENT LIABILITIES	
Cash & cash Equivalents	\$671,665.40	Short term provisions (e.g. salaries & leave entitlements)	\$3,184.60
Non-Current Assets	\$84,065.92	Payables	\$8,535.73
		Outstanding project commitments	\$80,000.00
		Other funds held in trust	\$439.18
TOTAL ASSETS	\$755,731.32	TOTAL LIABILITIES	\$92,159.51
NET ASSETS		\$663,571.81	

●● CHPCP Funded Project Grants

Central Hume PCP made \$400,000 available for partners to contribute towards new and existing projects in 2021.

Two tiers of grant funding were made available.

- Tier 1 (up to \$10,000) received 10 successful applications, with projects now in commencement and due for completion by June 2022.
- Tier 2 (up to \$100,000) received 6 successful applications, with projects now in commencement and due for completion by December 2022.

Funded projects in Tier 1 include:

- Benalla Grow Your Own Wicking Garden Beds; Benalla Labyrinth Garden, led by Benalla Health
- Fair Feed Alpine (Myrtleford & Bright); Fair Feed Wangaratta; Fair Feed Benalla, led by NESAY
- Mansfield Fresh Food Drive, led by Mansfield District Hospital
- Alpine Youth Voices – A Youth Strategy; Supporting a Healthy Start for Life in the Alpine Shire; Strengthening Food Relief Project; Sustainable Use of Outdoor Fitness Equipment, led by Alpine Health

Funded projects in Tier 2 include:

- Transforming Communities for Gender Equality, led by Women's Health Goulburn North East
- WASP Weight & Strength Program, led by Mansfield District Hospital
- Benalla Community Services Hub, led by NESAY
- Professional Collaboration – Interactive Website Forum for Sustainable Strategic Partnerships, led by Gateway Health
- Central Hume Access to Vascular Examinations (CHAVE) Project, led by Gateway Health
- Installation and Sustainable use of Outdoor Fitness Equipment in Myrtleford, led by Alpine Health

